

Burnout - Rekindling your Flame

A workshop for anyone feeling over-stretched
by work and life



17 & 18 May 2018

Are you at the bottom of your own to-do list?

'Burnout' is designed to sensitively nurture and restore you with a range of artistically inspired activities and discussions. Our aim is to let you have rich 'me' time as you experience Taruna's wisdom and wonder: more ready for all that life is asking of you.

Date: Thursday 17 May 7-9 pm and Friday 18 May 9-4 pm

Cost: \$250.



**TARUNA
COLLEGE**

For more information

See our website

www.taruna.ac.nz

or call 06 8777174